

PERSONAL HEALTH ASSESSMENT: For the following questions, please check yes if you are presently having a problem or have had a problem in the past. If there is no significant problem, check no. Briefly explain all yes answers.

TO BE COMPLETED BY STUDENT.

Drug Usage:

Please give information about drug usage
alcohol, marijuana, smoking.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Cardiovascular:

Heart murmur/palpitations.....
Chest Pain.....
Rheumatic fever.....
High blood pressure.....
Irregular heartbeat.....
Blood clots (not menstrual clots).....
Enlarge heart.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Respiratory:

Asthma.....
Chest infection.....
Do you smoke cigarettes?.....
How many? _____ How Long? _____
Shortness of breath.....
Wheezing.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Skin:

Any problems with your skin?.....
Skin rashes.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Endocrine:

Thyroid disease.....
Diabetes.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Urinary:

Impaired function of any part of your
Urinary tract or loss of a kidney

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Kidney Stones:

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Mental Health:

Any problems with your emotional health,
requiring any form of therapy, including
medications?.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Have you ever experienced a serious
dietary problem (anorexia, bulimia, obesity)

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Medications:

(birth control pills, vitamins, over-the counter-
medications and prescriptions):

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Amount: _____
Usage Per day: _____

Past Illness:

Hepatitis, mononucleosis, childhood
diseases, malaria.....
Loss or absence of any body parts.....
Severe/frequent colds or flu.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Hospitalization:

Have you ever been admitted to a
hospital?.....
Have you ever had surgery?.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

EENT:

Any problems with your eyes, ears, nose, or
throat.....
Hearing impairment.....
Loss of eye or eyesight.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Blood:

Anemia.....
Sickle-cell disease.....
Abnormal bleeding or bruising.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Bone and Joint:

Any serious disability deformity or
disease of bone, joint, or muscle?.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Neurology:

Seizures or convulsions.....
Fainting or blackouts.....
Dizziness.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Gastrointestinal:

Problems with any part of your intestinal
tract or stomach?.....
Jaundice.....
Hernia.....

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Reproductive System (men):

Prostate trouble.....
Swelling of the scrotum or testicle.....
Undescended or absent testicle.....
Do you perform testicular self-
examination? _____

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Reproductive System (women):

Never had a menstrual period?.....
Any form of menstrual disorder?.....
Do you perform breast self-exam.....
Last menstrual period _____

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

NJIT ID #: _____ Name: _____ DOB: _____

Family History:

Age and Health, if living, or Cause of Death:

Father: _____

Mother: _____

Brother: _____

Sisters: _____

Check the following diseases that have appeared among parents, grandparents, and siblings:

- | | |
|---|--|
| <input type="checkbox"/> Tuberculosis _____ | <input type="checkbox"/> Kidney disease _____ |
| <input type="checkbox"/> Diabetes _____ | <input type="checkbox"/> Emotional illness _____ |
| <input type="checkbox"/> Cancer (type) _____ | <input type="checkbox"/> High blood pressure _____ |
| <input type="checkbox"/> Seizure disorder _____ | <input type="checkbox"/> Problems with alcohol/drugs _____ |
| <input type="checkbox"/> Stroke _____ | <input type="checkbox"/> Asthma _____ |
| <input type="checkbox"/> Heart disease _____ | <input type="checkbox"/> Other _____ |

Comments: _____

To The Student:

I certify that the statements in Section I & II are true to the best of my knowledge, and I consent to treatment in the Student Health Services with the understanding that all services rendered are confidential.

Student Signature: _____ Date: ____/____/____

NJIT PHYSICAL EXAMINATION

(Completed by physician)

TO THE PHYSICIAN: Please review the student's personal history and complete the form below. Comment on all abnormal findings. This student has been accepted at New Jersey Institute of Technology and this information will note his/her medical status. It will be used only as a background for providing health care. This information is strictly for the use of the Health Services and will not be released without the written permission of the students.

Name: _____ Date of Birth: ____ / ____ / ____

(Last) (First) (MI)

Height: _____ Weight _____ BP _____ Pulse _____

Vision: Uncorrected Right _____ Left _____ Corrected Right _____ Left _____

Physical Examination:

	Findings		
	Normal	Abnormal	Description
Skin			
HEENT			
Neck			
Cardiovascular			
Respiratory			
Breasts			
Abdominal			
Genitourinary			
Musculoskeletal			
Neurological			
Psychological			

Allergies: List all know allergies and reaction for each

Allergy	Reaction

NJIT ID #: _____ Name: _____ DOB: _____

COMMENTS: Recommendations, continuing treatment, restrictions:

I have reviewed the clinical history as given by the student and after performing a physical exam, I certify that this student is able to participate in physical education and intramural activities without restrictions.

May _____ May not _____ Participation In _____ (Name of Sport)

Provider Signature: _____

Print Name & Title: _____

Date: _____

Office Phone: _____

Stamp: not valid without stamp